

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

August 2020

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Supporting our local businesses and community organisations has never been more important. Cobbles and Clay, for instance, is hosting a fundraiser for Manorlands hospice at the end of the month. The Eat Out to Help Out scheme is running throughout August...with a 50% discount on offer from participating venues. See page 18 for more details and book ahead to avoid disappointment.

Looking for something really unique for the family to do? Check out Within The Wood, a new woodland experience based in Stanbury, where you can get back to nature and enjoy the delights of the countryside. (Page 9) Another favourite is the Keighley and Worth Valley Railway; they have some special rates for groups that keep you safe while travelling in your own compartment. (Pages 12/13) Stay safe, be well and have a great August.

Editor Liz Barker

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Are you emerging from hibernation with elaborate plans for dinner parties? If so, leave me off the list. I don't need to say that. After months of using antisocial skills, I am more likely to be on your hit list.

Have you noticed that people previously found only slightly irritating now have you writing to their MP demanding the return of the death penalty?

As a dinner guest, just as you lit the candles and brought the soup in I would turn to the person next to me and make only sort of conversation of which I am now capable: "Ug!" Then beat them over the head with an Italian Breadstick., which would make an interesting headline in the Keighley News.

There is no denying that any polish and manners I managed to acquire in more than half a century have disappeared. And I fear that even if I dressed up to an acceptable standard I would do a Cinderella and find myself in my comfy old dressing gown when the clock struck the earlier hour of eight. You can't go home on the bus like that, even with a mask to hide your identity.

At least the cavewoman behaviour matches my eyebrow growth. Don't ask me about

other parts.

Years ago, when I left school, my poor widowed mother forked out a fortune to send me to a posh secretarial college in Leeds, hoping that I would learn sophistication as well as shorthand. I mixed with rich girls from North Yorkshire who wore velvet hairbands and rode ponies.

The shorthand came in useful when I went on to cover murder trials. I never wore a velvet headband but I did get a good trench-coat - essential garb for the aspiring journalist.

Perhaps it is not too late to justify Mum's investment. Whatever shortage we suffered during lockdown, lottery tickets were still in supply. And when my expected win comes through, I intend to take myself off to a Swiss finishing school.



On my return, when you see me dining in the Vilette in Haworth, you are bound to notice my new smoothness. But you might want to hide the breadsticks, just in case.



- Beth Cunningham

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2020 will be a year to remember. We may be socially distancing and all the important measures are in place to keep you safe, but we can still serve up a comforting 'hug in a mug' Latte, Mocha, Earl Grey, or perhaps a good ol' cup of Yorkshire Tea, whichever takes your fancy. Enjoy! Happily some things remain the same: conversations over coffee with friends, creative meet ups painting pottery, full English breakfasts, stunning vegan options, homemade soups, stews, scrummy handmade cakes, in fact, all your favourites from our menu are reassuringly unchanged. Buddha Bowls have been added to the mix. You simply build your own dish from our daily changing colourful salads made from the best local seasonal produce and bursting with flavour. For example, choose from

roasted cauliflower salad, heritage tomato salad, giant couscous & pepper salad, orzo & sun blushed tomato, or beetroot & puy lentils. Add extras like olives, chilli flakes, spicy seed & nut mix, feta, house slaw, or pickled red cabbage. Eat in the cafe or we can box up your selection and you are good to go... Take it to the park for a picnic or enjoy it later at home for a healthy and convenient meal. Add a few cheeses from our new deli cabinet, perhaps a jar of delicious chutney and a dipping oil or two from our foodie larder and you are on your way to a veritable feast. We are participating in the Eat Out to Help Out scheme.* Mon, Tues & Wed in August you receive a 50% discount, up to the maximum of £10 per person. *terms apply.



Open 7 days a week, 8:45am-5pm. Please book ahead and we will reserve a table for you!
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photos by Hannah Ellis and Rachel Garlick

Sudoku

1

	2		5	1	9			
	5		7					1
	6		2			9		
6	8	5		2	3			
						8		2
	7		1	4				
7		1						5 9
					1			7
	3		4	9				2 1

2

2				3	6			
					8			1 7
		4			5			3
		7		2	9	1		
		1	3			9	6	4
	3	8			1			
	1		7	5				
		3		9				4
	4	9						7

3

	8			7				5
4	3			9		7		
7	9		6	3	8			1
	6				4			9
1	4							
	7				2		3	8
9						1		5
			5					
		3	9					

4

2	7							1
9			7		4			
6	1					3	9	
1		2	9			7		
		9				8	6	1
8			3					
7	8	5	2	3		1		
							2	
			5	6	7			8

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.

Where in the Aire Valley? COMPETITION

Where is the red x located in the photo to the right?



This month's prize is donated by the Keighley & Worth Valley Railway: Day Rover Ticket

Email your answer including your name & address to: mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by 20th August 2020..

Last month's location was Silsden Optician Briggate, Silsden

Winner: Diane Sharpe from Keighley @Google Earth

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'BACK IN STEAM' SUMMER SPECIALS



It's been 52 years since the railway was saved and brought back to life by a group of dedicated, local volunteers. Today, our volunteers have shown true grit and determination again and have helped to pull the railway through a very difficult few months. With thanks to them and the generous support of everyone who has donated to our fundraising campaign, we'll soon be bringing back the steam.

As part of a phased re-opening, our 'Back in Steam Summer Specials' will be running on selected days from 19th August.

Return journeys will depart from Oxenhope, and will include a 20 minute break at Keighley where passengers can stretch their legs. Back at Oxenhope there'll be an opportunity to pose for photographs next to the engine.

We'll be using private compartments which seat one to eight passengers, and on Sundays we'll be running Vintage Train Sundays using vintage and First Class stock that's rarely used on the Railway.

Passengers have no contact with fellow passengers or staff in these compartments so face coverings aren't compulsory during the journey.

The Oxenhope Exhibition Shed has been transformed to a spacious waiting room where more engines can be seen up close. Here there'll also be a pop-up shop and café.

From 19th - 30th August, trains will run on Wednesdays, Thursdays, Saturday and Sundays. We'll also be running on Bank Holiday Monday (31st August). All trains will depart from Oxenhope at 10:00, 12:00, 14:00 and 16:00.

We understand that times may be hard at the moment, and so have priced our tickets depending on how many people are travelling in the same compartment. Passengers sharing a compartment must be part of a household or linked household.

How many people travelling	Price
Individual Person	£15
Two People	£20
Family of 3	£30
Family of 4	£35
Family of 5	£43
Family of 6	£50
Family of 7	£58
Family of 8	£65

On Sundays there's the option of upgrading to a First Class carriage for an additional charge.

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We've been working hard to make sure that the Railway's a safe place to visit. We're proud to have been awarded the 'We're Good to Go' industry charter mark as a result. This shows that we've worked hard to follow Government and industry COVID-19 guidelines. It means you can be sure we have processes in place to maintain cleanliness and safety.

Please visit the website for full details of our Summer Specials. Thank you to everyone who has supported us through this difficult time, we can't wait to welcome you back soon.

www.kwvr.co.uk/back-in-steam

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'BACK IN STEAM' SUMMER SPECIALS

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Photograph by Chris King



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On Sundays we'll be running special vintage trains. Come see the older carriages in action, and First Class upgrades will be available.



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Boikos from Babi

This is one of my favourite recipes. Boikos are little cheese pastries from the Balkans and they are not only delicious, they are easy to make using only minimal equipment and effort. In fact, the less you do when you make them, the better they turn out. Just keep the ingredients cold and it will work perfectly.

Ingredients

- 100g plain flour
- 100g cold butter cut into small dice
- 100ml sour cream
- 4 spring onions finely chopped
- 80g crumbled feta
- 80g grated mature cheddar
- 2 tsp nigella seeds
- Good pinch of salt
- Milk to glaze

Method

Pre heat oven to 220c/200c Fan/gas mark 7
Reserve 1 tsp of nigella seeds for garnish and then place all the ingredients in a large bowl. Use your hands to bring everything together until just combined. Lumps of butter and cheese in the mixture is what you want in this dough, when it bakes it will be oozy and delicious!

Place the dough onto a lightly floured work surface and then pat down or roll out to about 2/3cm thick. Using a small glass or biscuit cutter approx. 60mm diameter, cut out the Boikos and place on a baking sheet lined with parchment, repeat onto another tray as necessary. Scrunch the leftovers back together and repeat to use all the mix up.

Brush each boikos with the milk and then scatter with a few of the reserved nigella seeds.

Bake for ten minutes and then carefully turn the trays round, reduce the oven to 200c/180c fan/gas mark 6 and bake for a further 6/8 minutes until golden. Cool slightly and then devour!

BABIS BAKEHOUSE *"I have been passionate about food from all over the world for my entire life. It is a pleasure to be bringing recipes to Yorkshire, inspired by both my travels and my wives' Czech heritage. Always handmade, authentic recipes using the finest ingredients and named in honour of Babi, the Czech word for Grandma."*



- Nathan from Babis Bakehouse

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Brontë Parsonage
BEHIND THE SCENES AT THE MUSEUM

It's still a busy time behind our closed doors, despite the Museum still being closed to the public! Last week, we held our first Brontë Lounge event – an evening with author Samantha Ellis held on zoom. We were joined by over a hundred Brontë enthusiasts: from nearby, from the rest of the UK and as far away as Mexico City, New York and Arizona. We will be programming more Brontë Lounge events later in the summer and into the autumn - to be sure to hear about them, please sign up to our mailing list at www.bronte.org.uk. We are also busy preparing the museum for reopening and - fingers crossed - hope, that by the time you read this, we will have announced a reopening date and released the first batch of timed entry tickets. We are working hard to ensure that the museum will be a safe and welcoming place for both our visitors and our staff and will be sharing plenty of information to make sure that visits are enjoyable, relaxed and stress-free. To begin with, admission will be by pre-booked ticket only, so please keep an eye on our website and social media channels for the latest information. In the meantime, don't forget that our online shop is open at www.bronte.org.uk.



www.bronte.org.uk/bronte-shop. In the last few weeks, we've posted out parcels to Utah, California and many countries in Europe. It's lovely to see how special the museum is to people from across the world. We are able to cover the costs of reopening thanks to a grant from the Arts Council Emergency Response Fund and we are really looking forward to welcoming people back to the Parsonage. However, we have missed out on spring and summer income that would usually see us through the quieter winter months and because of this, we are still facing a significant deficit by the end of the year. To help plug this gap, we have launched a Just Giving fundraising campaign at www.justgiving.com/campaign/bronteparsonageappeal. We recognise that these are difficult times for everyone, but if you or someone you know may be in a position to give us some additional help at this time, then we would be enormously grateful. Your donation, no matter how small, will help ensure that we are still here this time next year. On behalf of everyone at the Parsonage, thank you. We look forward to seeing you again (very) soon.

Rebecca Yorke
 Head of Communications & Marketing

To advertise call Karen or Liz on 01535 642227

Hello to our fellow residents and businesses

We are proud to be part of the community and we miss you all.

We are sorry that we remain closed but look forward to welcoming you back soon.

Until then, thank you for your understanding and support.

With love from everyone at the Brontë Parsonage Museum

Brontë Parsonage MUSEUM

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Are you a local business participating in the scheme? Get in touch with us about shout outs from Drystone Radio and the Aire Valley Magazine!

01535 635392 email@drystoneradio.com Aire Valley Mag: 01535 642224

August 2020
LONG LIVE SUMMER! by Lee Senior

Incredibly we are already approaching the final few weeks of summer. How on earth did that happen? In this year of ongoing turmoil it is rather a shame that summer cannot somehow be extended! Sustainable perennial planting schemes are generally my preference in gardens.

However, I have to say this year, the extra flower power of summer bedding plant displays has been a boost for everyone. Sunflowers are giving their best now and make a fine spectacle for children and adults



alike. Small birds such as chaffinches love to eat the seeds after flowering too. If we have another long dry spell, one tip is to raise the mower blades or cut the grass a little frequently. This allows the grass to grow a little longer and stay greener. It will also cope better with drought. The veg garden is still awash with fresh and tasty vegetables. Runner beans should be harvested regularly, before the beans become too stringy. Turnips are less woody and more tender when harvested small at golf ball size. It is good practice to regularly pick most herbs routinely. This delays the flowering of the plants and stops them becoming leggy. Parsley is perfect for sowing now with a view to cropping indoors over winter. Seed germination is slow, taking up to five weeks. Grow the plants on, two per 4inch (10cm) pot. One thing to keep an eye on now is for an outbreak of those familiar cabbage white butterfly caterpillars on our brassica plants.

The foliage can be destroyed in less than twenty four hours during bad attacks. Check regularly for any clusters of green eggs both on the tops of the leaves and underneath them. These can be spotted on the host plant and destroyed before they hatch. I use the finger and thumb method

to control small amounts though admittedly it is not one for the squeamish. Using fine netting over the top of the beds resting on hoops or supports remains the best organic control. Prevention as ever is better than cure.

Whitefly and aphids are also a prevalent pest. Again removing them by hand is a viable option in small spaces. If you resist using the chemical spray gun, ladybirds and larvae of hoverfly and lacewings can do a fine job mopping up these pesky pests. After cropping has finished, our strawberry plants will produce young plants on runners. It is easy to use these to create a pot or strawberry barrel full of new plants for free. Simply peg down these young plants in a small pot of compost and detach them from the parent plant when they have rooted. Strawberry plants need replacing every three years to maintain worthwhile a harvest.

Lee Senior is a horticultural consultant. Lee is also an RHS Regional judge and 'Yorkshire In Bloom' specialist. Lee has written the local walking book 'Walking in the Aire' which is available to purchase via Facebook.

Email Lee at: allotmentsguru@gmail.com or for more information his website is: <https://allotmentsandgreenspaces.wordpress.com/>

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Friday, August 28th 2020 at 7pm

Under the Hammer for Manorlands
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Manorlands Hospice in Oxenhope is facing a huge funding shortfall as a result of events like the London Marathon, the Great North Run and many locally scheduled fundraising events being cancelled due to the Covid pandemic.

Local woman Amy Firth, has asked businesses and individuals in the region to come together and join in this high ticket auction to raise money for the hospice. It will be a spirited occasion with heartfelt support from many in the community as Manorlands is held in high esteem and provides a valued service to residents far and wide. Limited tickets are available for the venue but there are no restrictions on the numbers joining via FB Live in the evening.

People can also tune in on Drystone Radio FM and on digital/internet under the Worth Valley Community Radio banner, WVCR, with special hosts Terry Ross and Phil Higginson. WVCR is the fledgling sister to Drystone radio, the award winning station based in Cowling and broadcasting to Sipton, the Yorkshire Dales, Lancashire, Craven and Aire valley.

The Facebook event page will open for online bids from 1st August.

A guide price will be added to each lot. Bids will be collated throughout August. On the evening of 28th August 2020, the auction will be streamed live via FB allowing people to join in the fun and submit any final or last minute bids.

Here is a taster of what you will find:

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Go to Facebook and search 'Under the Hammer for Manorlands' to view the lots.

www.sue-ryder.org/new-we-can-help/us-ryder-manorlands-hospice/support



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amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

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